

## BCMCA 2015 TT Standards

Age	16 KM	20 KM	30 KM	40 KM
F30	00:27:52	00:34:56	00:52:45	01:10:48
F31	00:27:52	00:34:56	00:52:45	01:10:48
F32	00:27:52	00:34:56	00:52:45	01:10:48
F33	00:27:52	00:34:56	00:52:45	01:10:48
F34	00:27:52	00:34:56	00:52:45	01:10:48
F35	00:27:52	00:34:56	00:52:45	01:10:48
F36	00:27:52	00:34:56	00:52:45	01:10:48
F37	00:27:52	00:34:56	00:52:45	01:10:48
F38	00:27:52	00:34:56	00:52:45	01:10:48
F39	00:27:52	00:34:56	00:52:45	01:10:48
F40	00:27:52	00:34:56	00:52:45	01:10:48
F41	00:27:58	00:35:03	00:52:56	01:11:03
F42	00:28:03	00:35:10	00:53:06	01:11:17
F43	00:28:09	00:35:16	00:53:16	01:11:31
F44	00:28:14	00:35:23	00:53:26	01:11:44
F45	00:28:19	00:35:29	00:53:36	01:11:57
F46	00:28:24	00:35:35	00:53:45	01:12:10
F47	00:28:28	00:35:41	00:53:55	01:12:23
F48	00:28:33	00:35:48	00:54:04	01:12:36
F49	00:28:38	00:35:54	00:54:13	01:12:49
F50	00:28:43	00:36:00	00:54:23	01:13:02
F51	00:28:48	00:36:06	00:54:33	01:13:15
F52	00:28:53	00:36:13	00:54:43	01:13:28
F53	00:28:58	00:36:19	00:54:53	01:13:42
F54	00:29:04	00:36:26	00:55:03	01:13:56
F55	00:29:09	00:36:33	00:55:14	01:14:11
F56	00:29:15	00:36:40	00:55:25	01:14:26
F57	00:29:21	00:36:48	00:55:37	01:14:42
F58	00:29:27	00:36:56	00:55:49	01:14:58
F59	00:29:34	00:37:04	00:56:01	01:15:16
F60	00:29:41	00:37:13	00:56:14	01:15:34
F61	00:29:48	00:37:22	00:56:28	01:15:53
F62	00:29:55	00:37:31	00:56:43	01:16:13
F63	00:30:03	00:37:41	00:56:58	01:16:34
F64	00:30:12	00:37:52	00:57:15	01:16:56
F65	00:30:21	00:38:03	00:57:32	01:17:19
F66	00:30:30	00:38:15	00:57:50	01:17:44
F67	00:30:40	00:38:27	00:58:09	01:18:10
F68	00:30:50	00:38:41	00:58:29	01:18:38
F69	00:31:01	00:38:55	00:58:51	01:19:08
F70	00:31:13	00:39:09	00:59:14	01:19:39
F71	00:31:26	00:39:25	00:59:38	01:20:12
F72	00:31:39	00:39:42	01:00:04	01:20:48
F73	00:31:53	00:40:00	01:00:32	01:21:25
F74	00:32:08	00:40:19	01:01:01	01:22:06
F75	00:32:24	00:40:39	01:01:32	01:22:48
F76	00:32:41	00:41:01	01:02:06	01:23:34
F77	00:33:00	00:41:24	01:02:41	01:24:23
M30	00:25:49	00:32:22	00:48:52	01:05:36

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Age	16 KM	20 KM	30 KM	40 KM
M31	00:25:49	00:32:22	00:48:52	01:05:36
M32	00:25:49	00:32:22	00:48:52	01:05:36
M33	00:25:49	00:32:22	00:48:52	01:05:36
M34	00:25:49	00:32:22	00:48:52	01:05:36
M35	00:25:49	00:32:22	00:48:52	01:05:36
M36	00:25:49	00:32:22	00:48:52	01:05:36
M37	00:25:49	00:32:22	00:48:52	01:05:36
M38	00:25:49	00:32:22	00:48:52	01:05:36
M39	00:25:49	00:32:22	00:48:52	01:05:36
M40	00:25:49	00:32:22	00:48:52	01:05:36
M41	00:25:55	00:32:28	00:49:02	01:05:49
M42	00:25:59	00:32:35	00:49:12	01:06:02
M43	00:26:04	00:32:41	00:49:21	01:06:15
M44	00:26:09	00:32:46	00:49:30	01:06:27
M45	00:26:13	00:32:52	00:49:39	01:06:39
M46	00:26:18	00:32:58	00:49:47	01:06:51
M47	00:26:22	00:33:03	00:49:56	01:07:02
M48	00:26:27	00:33:09	00:50:04	01:07:14
M49	00:26:31	00:33:15	00:50:13	01:07:26
M50	00:26:36	00:33:20	00:50:22	01:07:37
M51	00:26:40	00:33:26	00:50:30	01:07:49
M52	00:26:45	00:33:32	00:50:39	01:08:02
M53	00:26:50	00:33:38	00:50:49	01:08:14
M54	00:26:55	00:33:44	00:50:58	01:08:27
M55	00:27:00	00:33:50	00:51:08	01:08:40
M56	00:27:05	00:33:57	00:51:18	01:08:54
M57	00:27:10	00:34:04	00:51:28	01:09:09
M58	00:27:16	00:34:11	00:51:39	01:09:24
M59	00:27:22	00:34:18	00:51:51	01:09:39
M60	00:27:28	00:34:26	00:52:03	01:09:56
M61	00:27:35	00:34:35	00:52:16	01:10:13
M62	00:27:41	00:34:43	00:52:29	01:10:31
M63	00:27:49	00:34:52	00:52:43	01:10:50
M64	00:27:56	00:35:02	00:52:58	01:11:10
M65	00:28:04	00:35:12	00:53:13	01:11:32
M66	00:28:13	00:35:23	00:53:30	01:11:54
M67	00:28:22	00:35:34	00:53:47	01:12:18
M68	00:28:31	00:35:46	00:54:06	01:12:44
M69	00:28:42	00:35:59	00:54:25	01:13:10
M70	00:28:52	00:36:13	00:54:46	01:13:39
M71	00:29:04	00:36:27	00:55:08	01:14:09
M72	00:29:16	00:36:42	00:55:32	01:14:41
M73	00:29:29	00:36:58	00:55:57	01:15:16
M74	00:29:42	00:37:16	00:56:24	01:15:52
M75	00:29:57	00:37:34	00:56:52	01:16:31
M76	00:30:12	00:37:54	00:57:23	01:17:13
M77	00:30:29	00:38:15	00:57:55	01:17:58
M78	00:30:47	00:38:37	00:58:30	01:18:46
M79	00:31:06	00:39:02	00:59:07	01:19:37
M80	00:31:26	00:39:27	00:59:47	01:20:32

## BCMCA 2015 TT Standards

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<b>Age</b>	<b>16 KM</b>	<b>20 KM</b>	<b>30 KM</b>	<b>40 KM</b>
<b>M81</b>	00:31:48	00:39:55	01:00:30	01:21:32
<b>M82</b>	00:32:12	00:40:25	01:01:17	01:22:36
<b>M83</b>	00:32:38	00:40:58	01:02:07	01:23:45
<b>M84</b>	00:33:05	00:41:33	01:03:02	01:25:01
<b>M85</b>	00:33:35	00:42:11	01:04:01	01:26:23