

B.C.M.C.A. RACE KIT – RUNNING THE EVENT

As race officials, we have to be consistent in the way we run the races and how we fill in the forms. This ensures that points and medals are awarded fairly, waivers and application forms are filled in correctly, and the accounting taken care of.

Promptness by mailing or hand-delivering the completed forms, as per the distribution list, is equally important. This ensures that RACE NUMBERS for members are mailed in time for the next race, (also proof of membership.) It allows us a chance to keep on top of the points scores, and the mailing list to be updated after each race.

Remember we are all volunteers and by taking good care of the paperwork, we make life a little easier for everyone.

SIGN-ON and MEMBERSHIP

All riders must have a current Cycling BC license.

The best set-up is to have two separate tables - one marked SIGN-ON, and one marked MEMBERSHIPS.

- (1) Riders who are already full members, (and as proof have a current BCMCA number), go straight to the SIGN-ON TABLE, sign-on in their correct group and pay the race entry fee (\$5 less that non-members).
- (2) Other riders can sign-on without joining the BCMCA but pay a premium of \$5, and will not accumulate points for the BCMCA championships.
- (3) Annual MEMBERSHIPS can be purchased on site by submitting an application and \$30 fee.
- (4) Non-members and new members will be given a temporary "age coded" number for the race. (new members will receive a permanent race number by mail to their address).
- (5) Temporary race numbers must be returned after the race.
- (6) It is compulsory for all riders to have Cycling BC Insurance (race license, etc.).
- (7) You may arrange with Cycling BC to sell one day or annual race licenses. Please account for these separately and forward those forms and payment to Cycling BC.

ROAD RACES AUSTRALIAN PURSUIT: Use the "start, sign-on, results" sheets, which places the riders in 10 year age groups for the start, (including moving the women up three five year age groups) These groups then go off at carefully timed intervals, The 70+ group is scratch, after 6 minutes the 60-69 group, after 5 more minutes, the 50-59 group, after 4 more minutes, the 40-49 group, after 3 more minutes, the 30-39 group.

All riders cover the full distance. Interaction between groups is permitted, except older groups cannot take advantage of drafting the younger groups in the first lap on small circuits.

The order of finish is used to pick the first five overall and the first five in each five year age class.

CADETS AND JUNIORS: One group 5 minutes after the last Masters Group. Distance to be decided - same for all ages and sexes - no interaction with other groups, or when appropriate (small turn out) put them is the group with similar performance to theirs.

FONDO RACERS: These riders go off after the last group is on the road, and are each given a course completion time. The Fondo Course is to be determined by the organizer. No interaction with other racers is allowed.

Tabulate Men and Women separately. After the results are entered on the sheets, fill in the medal sheets and you are ready for the medal presentation.

INDIVIDUAL TIME TRIALS: Number riders by their sign-on and start time, e.g. rider number 1 starts at 1 minute past the hour, number 2 at 2 minutes past, etc. Record each persons' Standard time based on their age, and when they complete the course record there elapsed time (finishing time minus there start number).

Medals are awarded for top 3 overall men and women, and overall points to 5th place.

Age group placings are for the first three in each five year age class. As usual -men and women are placed separately, and three medals awarded plus age group points.

These placings are based on the V.T.T.A. time standards, and this is how it works! For each rider, take their actual time, and if it is faster than their standard time, then the difference is a "+" time and the person with biggest "+" time is the winner, and this holds good down to a zero, where a person does exactly their standard time. Then onto where a person takes longer than their standard time.

Then the difference becomes a "-" time, and of course a small "-" time beats a bigger "-" time.

2UP AND 4 UP TIME TRIALS: Mixed Teams are permitted and encouraged.

Once again we use VTTA standards.

For 2-up - times are based on 2nd rider to finish.

For 4-up - times are based on 3rd rider to finish.

To calculate the results. For 2-up add both standards together and divide by two, using the womens' standard where applicable. Ditto for 4-Up add up and divide by 4. (points to 5 place)

Note: It doesn't work if you add up ages and divide by 2 or 4.

For TTTs no separate awards for men and women. This is taken care of by the use of separate standards for men and women, and allows for mixed teams.

HILL CLIMBS CRITS & CIRCUIT RACES: Except for some hill climbs (where an appropriate handicap is established), there will be no overall points or awards. Age groups are scored the same way as usual points, and medals are awarded.

MEDAL WINNERS FORMS

ROAD RACE:

Easy enough, but should be completed during the race as people finish, so that the ceremony can take place promptly - while the refreshments and everyone is still around.

TIME TRIALS AND HILL CLIMBS:

Can be filled in right off the race finish sheets.

RACE ACCOUNTING FORMS. Self explanatory, one copy for the organizing club and one for BCMCA.

THE CEREMONY IS AN IMPORTANT PART OF THE EVENT. IT GIVES US A CHANCE TO THANK THE OFFICIALS AND HELPERS, AND RECOGNIZE THE MEDALLISTS.

HAVE A GOOD AND SAFE EVENT!