

Race location: _____ Date: _____

MEN OVERALL MEDALS & POINTS

1 st)	2 nd)	3 rd)
Points only for 4 th & 5 th	4 th)	5 th)

	<i>75-79</i>	<i>70-74</i>	<i>65-69</i>	<i>60-64</i>
1st				
2nd				
3rd				
4th				
5th				

	<i>55-59</i>	<i>50-54</i>	<i>45-49</i>	<i>40-44</i>
1st				
2nd				
3rd				
4th				
5th				

	<i>35-39</i>	<i>30-34</i>
1st		
2nd		
3rd		
4th		
5th		

Gold, Silver, Bronze medals for 1st, 2nd, & 3rd
Points are 10, 7, 5, 3, & 1
Note: some events are double points

WOMEN OVERALL MEDALS & POINTS

1 st)	2 nd)	3 rd)
Points only for 4 th & 5 th	4 th)	5 th)

	<i>75-79</i>	<i>70-74</i>	<i>65-69</i>	<i>60-64</i>
1st				
2nd				
3rd				
4th				
5th				

	<i>55-59</i>	<i>50-54</i>	<i>45-49</i>	<i>40-44</i>
1st				
2nd				
3rd				
4th				
5th				

	<i>35-39</i>	<i>30-34</i>
1st		
2nd		
3rd		
4th		
5th		

Please send/give this sheet (completed)
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